

DARLENE NARAYAN SAHETA, DPM

CURRENT POSITION:

August 2006
To Present

Pittsburgh Family Foot Care, P.C.
Podiatric Physician

- **Specializing in medical and surgical treatment of foot and ankle disorders**
- **Special interests: forefoot/rearfoot surgery, pedal trauma, diabetic limb salvage, ER consults**

EDUCATION:

2003-2006

MOUNT SINAI SCHOOL OF MEDICINE, NY, New York
Sponsor Hospital Mount Sinai Hospital of Queens, Astoria, New York PM&S 36
Doctor of Podiatric Medicine and Surgery, Specialized in Forefoot Surgery and Hindfoot/Ankle Surgery

1999-2003

BARRY UNIVERSITY SCHOOL OF GRADUATE MEDICINE,
Miami, Florida
Doctor of Podiatric Medicine

1994-1998

THE GEORGE WASHINGTON UNIVERSITY,
Washington, DC
B.A., Psychology

RESIDENCY:

2003-2006

MOUNT SINAI HOSPITAL OF QUEENS PM&S-36,
Long Island City, New York
Off Campus Rotations:

- Mount Sinai Medical Center, Manhattan, NY
- Elmhurst Hospital Center, Elmhurst, NY
- Queens Hospital Center, Flushing, NY
- Boulevard Surgery Center, Astoria, NY

Specific Rotations: 8 weeks Internal Medicine, 4 weeks Infectious Disease, 2 weeks Vascular Surgery, 2 weeks Pathology, 4 weeks Radiology 4 weeks ER, 4 weeks Anesthesia, 2 weeks Dermatology, 2 weeks Behavioral Science, 12 weeks Orthopedics Trauma Rotation, 12 weeks Orthopedics Elective Surgery Rotation, 4 weeks Clubfoot & Flatfoot Reconstruction Rotation

Podiatry Rotations: In house patients, ER Calls, fore foot/rear foot surgery, pedal trauma, diabetic limb salvage, wound grafts, pulse dye laser therapy, extracorporeal shock wave therapy orthotripsy, and clinical podiatry in the inpatient and outpatient settings.

BOARD CERTIFICATIONS:

- Pennsylvania State Podiatric License

BOARD QUALIFICATIONS:

- Board Qualified Forefoot and Reconstructive Rearfoot Surgery by American Board of Podiatric Surgery-2006

RESIDENCY ACTIVITIES:

GRAND ROUNDS PRESENTATIONS

- Local Anesthetics: Uses and Toxicities
- Rheumatoid Arthritis of the Lower Extremity: Surgical vs. Conservative treatments
- Pre-operative and Post-operative Planning
- Diabetic Foot Infections and Diagnostic Testing
- Active in M&M Conferences

CONFERENCES ATTENDED

- American College of Foot and Ankle Surgeons, New Orleans, LA April 2005
- First International Foot and Ankle Congress, New Orleans, LA April 2004
- Superbones, Superskin Conference, Bahamas January 2006, 2007
- New York Conference, New York, NY January 2006

HONORS & AWARDS:

UNDERGRADUATE HONORS

- The George Washington University Alumni Scholarship Award 1994-1998
- Maryland Distinguished Scholar

RESEARCH/PUBLICATIONS:

- Advantages of Early Surgical Intervention of Peroneal Tendons for Lateral Ankle Instability. A case study on the Peroneus Quartus Muscle, Co-Author
- Exhibited at ACFAS 2006

VOLUNTEER ACTIVITIES:

- Foot Screening for Mount Sinai Center, 2003-2005
- Blood Pressure Screening Mount Sinai Medical Center, 2003
- Organized Walkathons for Breast Cancer, October 2000, 2001
- Diabetic Foot Screening, Salvation Army, Miami, FL, October 2001

WORK EXPERIENCE:

- The Center for Family Research, The George Washington University, Washington, DC; Research Assistant (1998)

CERTIFICATIONS:

- BLS for Healthcare Providers
- ACLS